



# Steps to Success with Cover Crops

Scott Nelson  
Director of Agronomy  
Center for Farming  
Innovation  
[snelson@iasoybeans.com](mailto:snelson@iasoybeans.com)

# Center for Farming Innovation



# Why Care About Cover Crops?

---

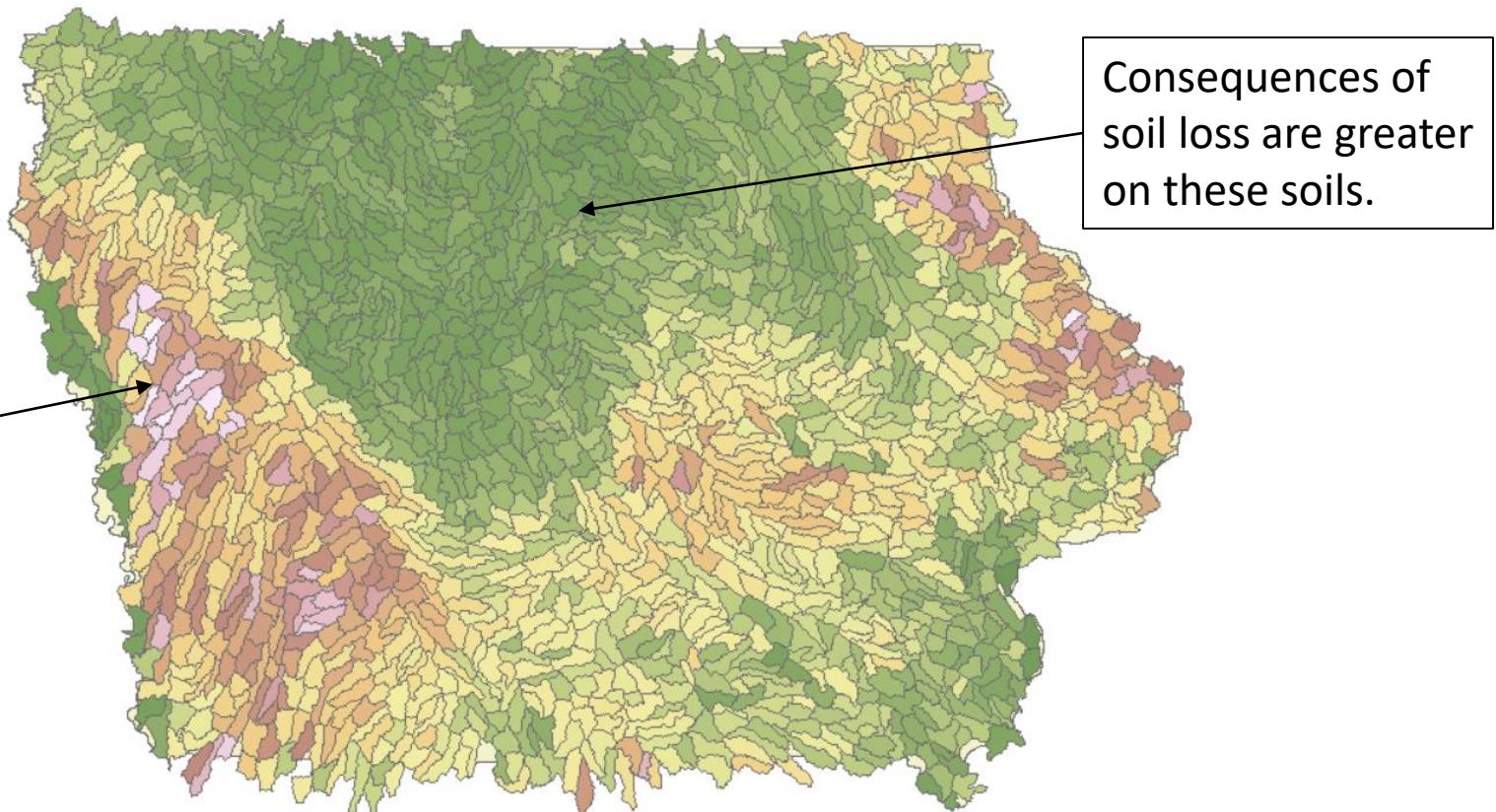
**WHY?**

# #1. Reduce Erosion/Improve Soil Health

---



# Cumulative Soil Loss from 2008 to 2019 (Dump trucks/Acre)



Source: calculated from Daily Erosion Project, ISU

# Average Soil Loss in Iowa: 4.3 Dump Trucks of Soil Loss per Acre/Decade



AVERAGE TOPSOIL LOSS IN IOWA OVER  
THE PAST DECADE

Source: Calculated from Daily  
Erosion Project data sets.

# Topsoil

---

US is losing topsoil 10 times faster than it is being replaced.

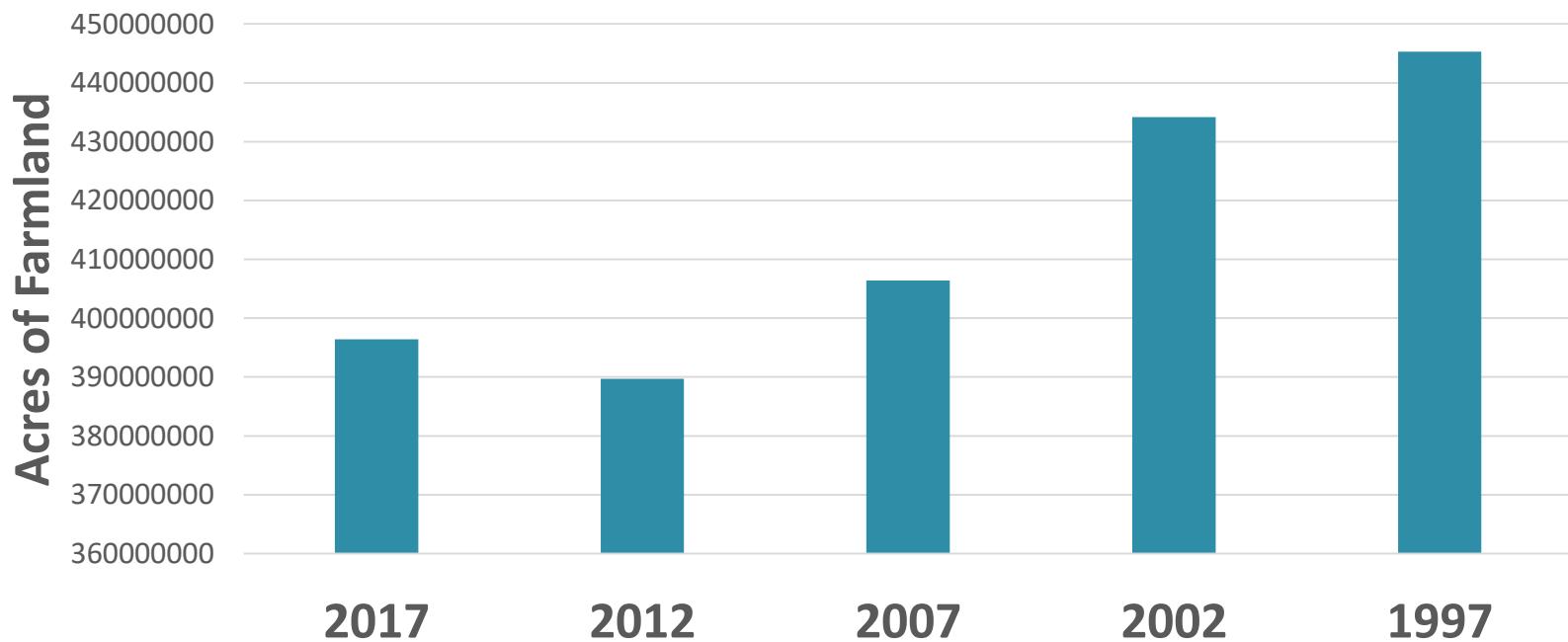
Takes 500 years to replenish one inch of lost topsoil.

Soil is not a renewable resource.



# Acres of US Farmland Over Time (US Census of Agriculture)

---



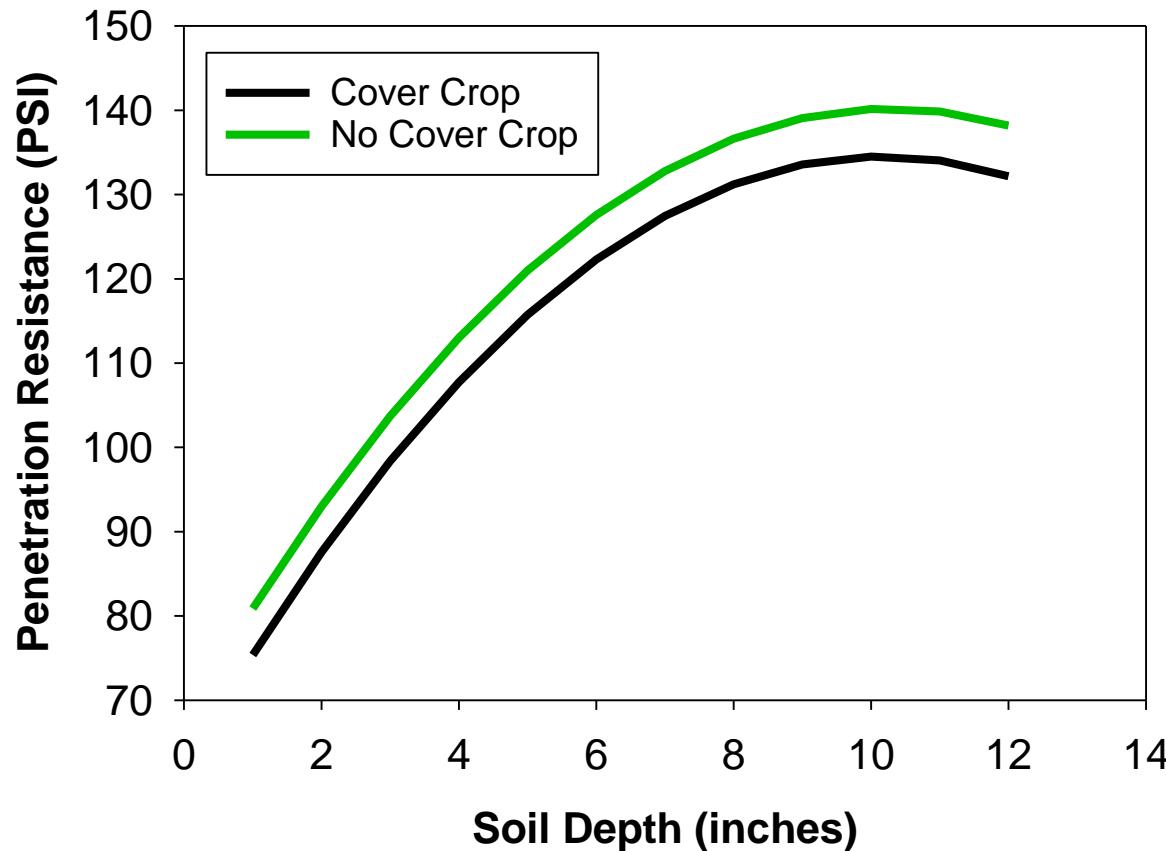
---

With declining acres  
of farmland,  
protecting our  
farmland is more  
important than ever.



# Improve Soil Health

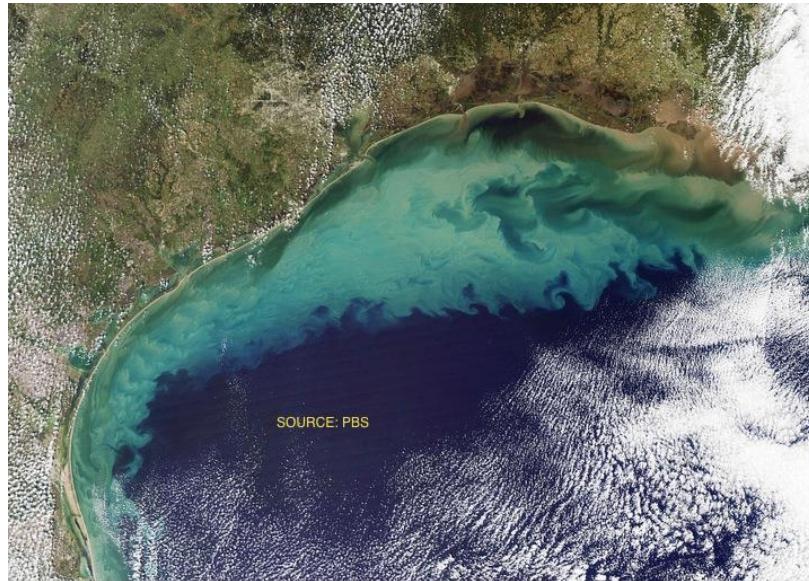
**Cover Crops Significantly Reduced Soil Compaction across all depths.**  
Data is across 5 environments after three years of continuous cover cropping.



## #2. Reduce Nutrient Losses

---

GULF COAST HYPOXIA



N- LOST ANNUALLY  
TO THE MISSISSIPPI

5.1 billion pounds

\$969M in fertilizer value

---

5.1 billion  
pounds =  
18,000 rail  
cars of  
fertilizer.



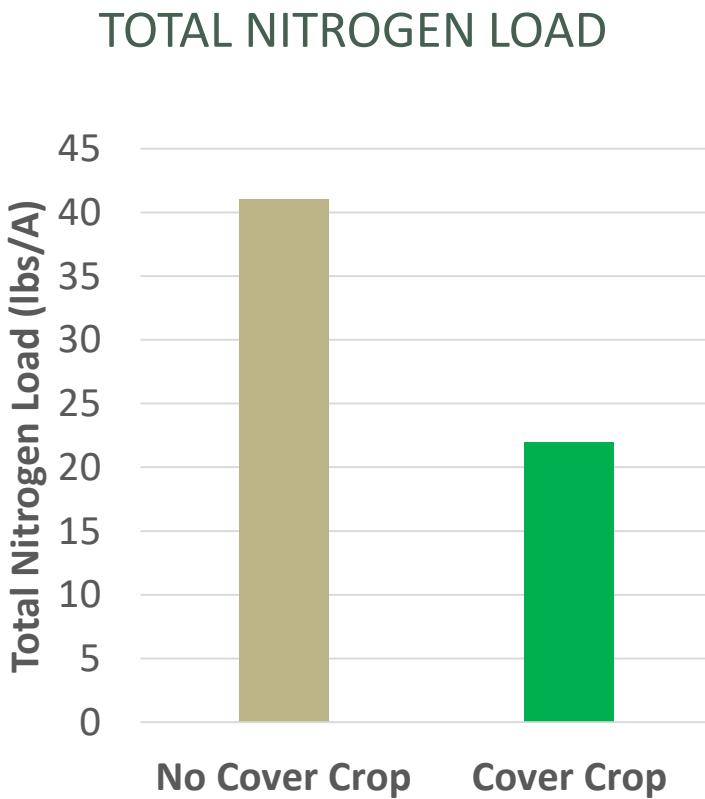
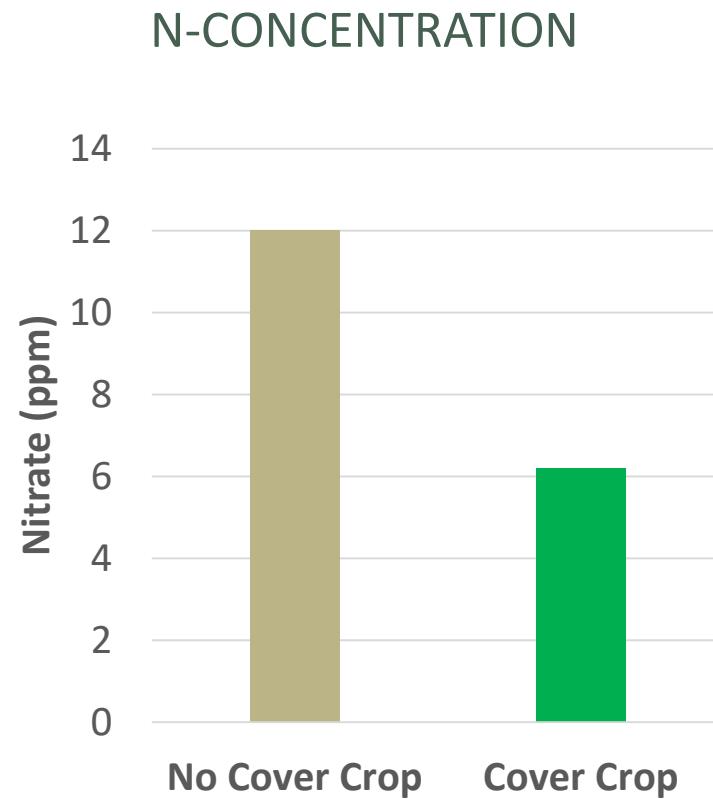
# Cover Crops Reduce Nitrogen from 30 to 50%

---



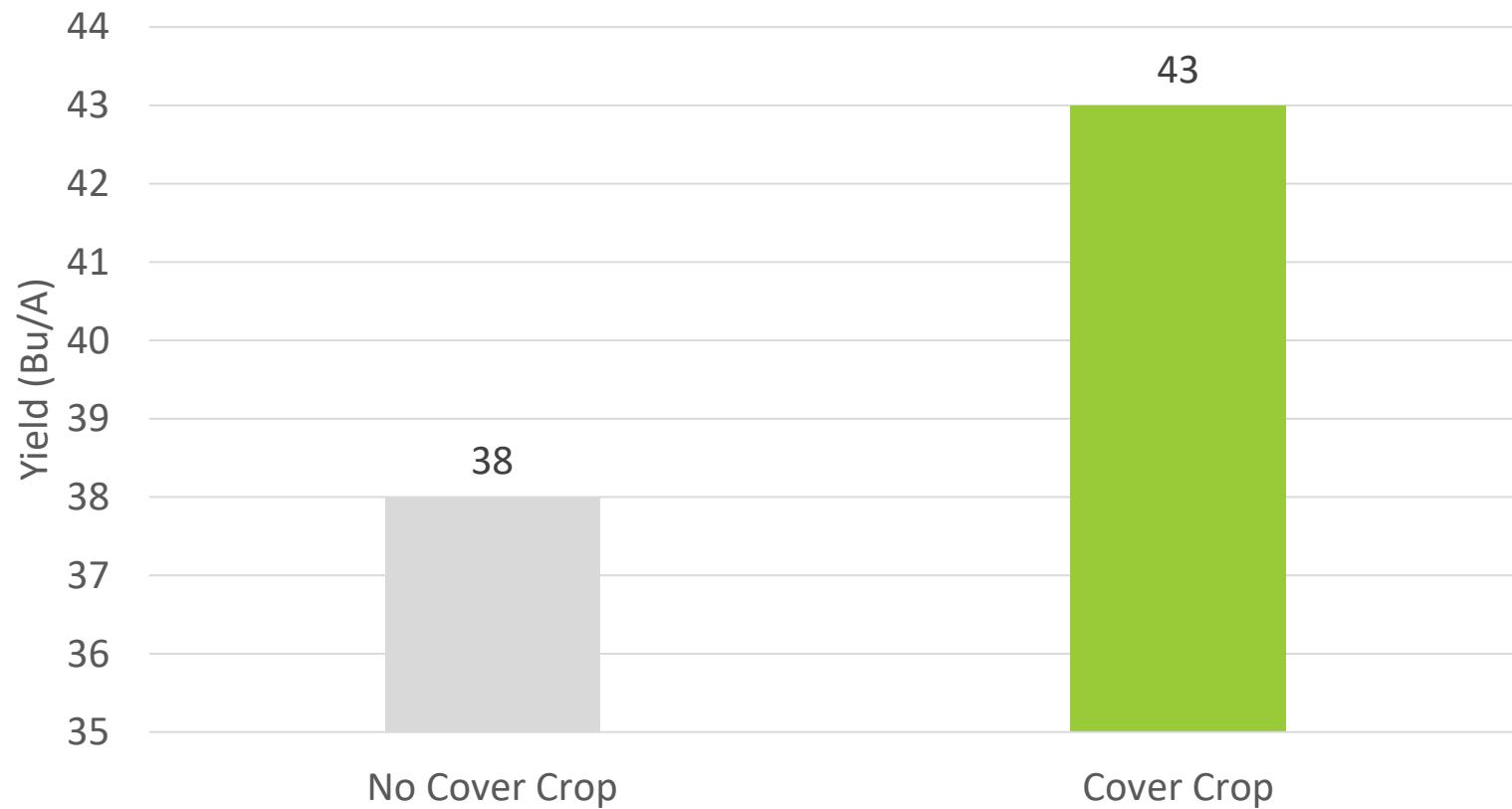
# Cover Crops and Water Quality

## 5 year Study

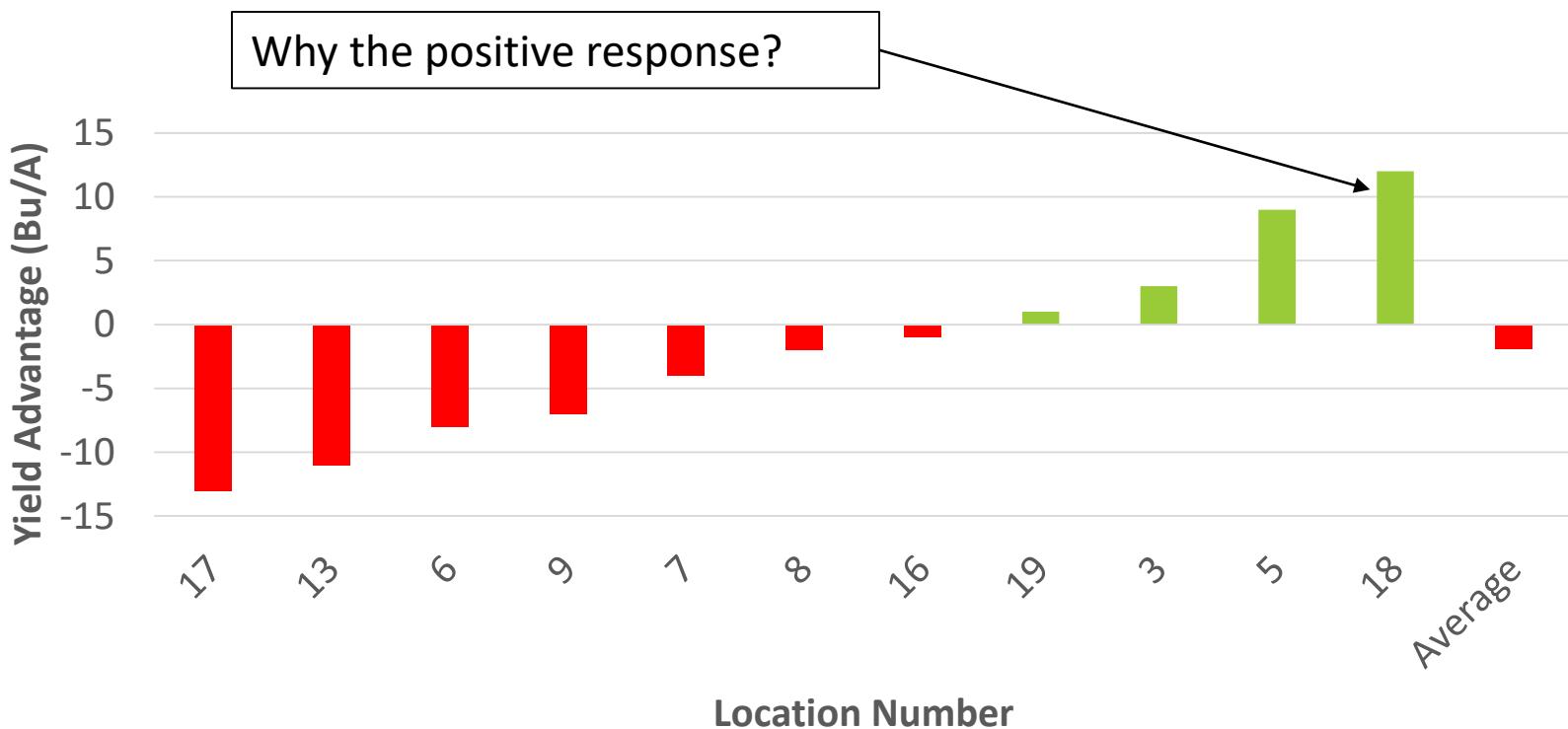


# #3. Sometimes there is a yield advantage to cover crops.

---

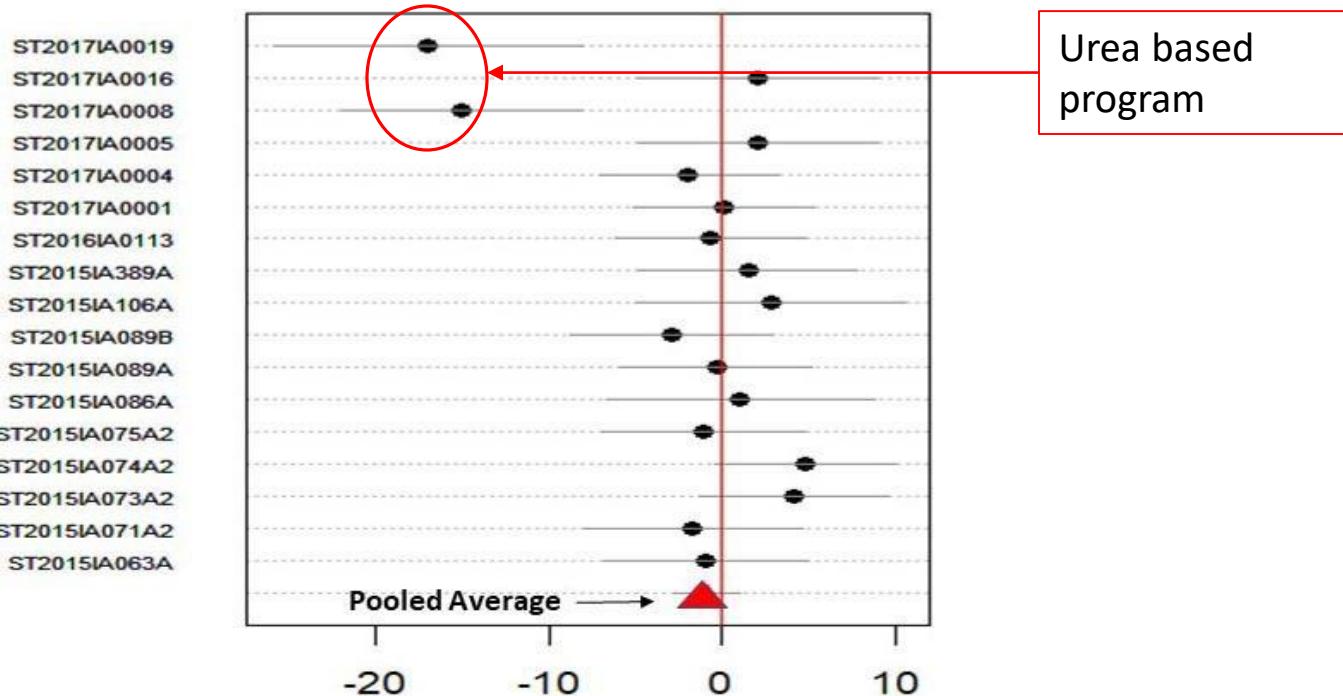


# Effect of Manure + Cover Crops on Corn Yield



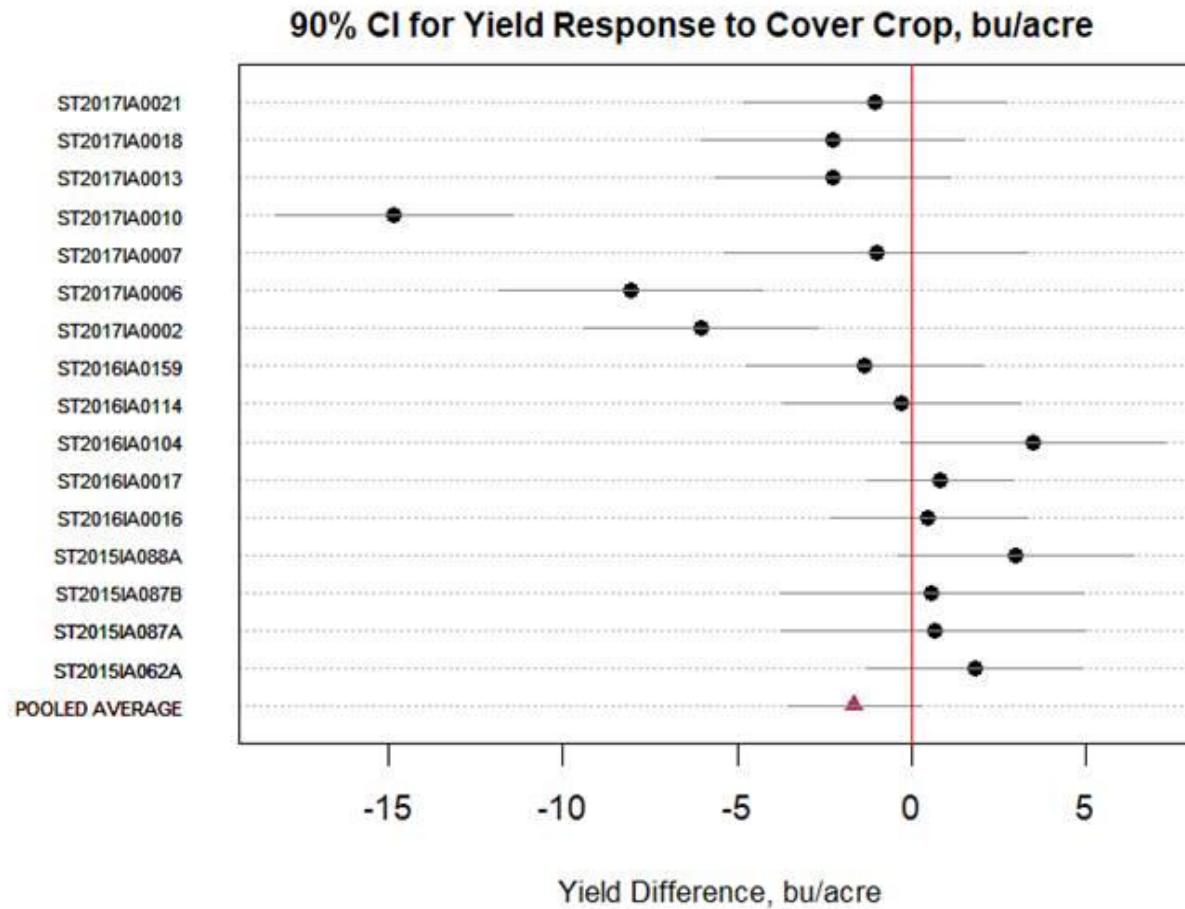
**University of Minnesota Study**

# Corn Yield Results



90% Confidence Intervals for Corn Yield Differences for Plots With and Without Cereal Rye (bu/acre). Means on the left side of the zero line indicate yield gap.

# Soybean Yield Results





#4. Simplify  
Weed  
Spectrum

# WHY?

---

1. Reduce erosion/Improve Soil Health
2. Reduce Nutrient Losses
3. Potential Profit/Yield Advantage
4. Herbicide Resistant Weeds



## Steps to Success with Cover Crops

---

- Cereal Rye- most winter hardy and provides the most biomass
- Wheat/Triticale- less biomass, but easier on corn
- Cover Crop Mixes: probably not worth the expense unless seeded early-IMHO

# Steps to Success with Cover Crops

---

## Establishment

- Inter-seed into standing crop from mid August to mid September
- Do not inter-seed if conditions are dry and hot.
- Drill soon after harvest



# Steps to Success with Cover Crops

---



## Seeding Rates

- **30-40 lbs/A if erosion control is goal.**
- **Up to 60 lbs/A if weed control is the goal.**
- **Consider 30-40 lbs/A ahead of corn and 40-60 lbs/A ahead of soybeans**

# Steps to Success with Cover Crops



## Termination

- **Soybeans:** Plant green and terminate a few days before or after planting to optimize weed control.
- **Corn:** Terminate 2 weeks before planting or when cover crop < 12 inches tall.



# Roller Crimping the Crop

---





# Steps to Success with Cover Crops

---

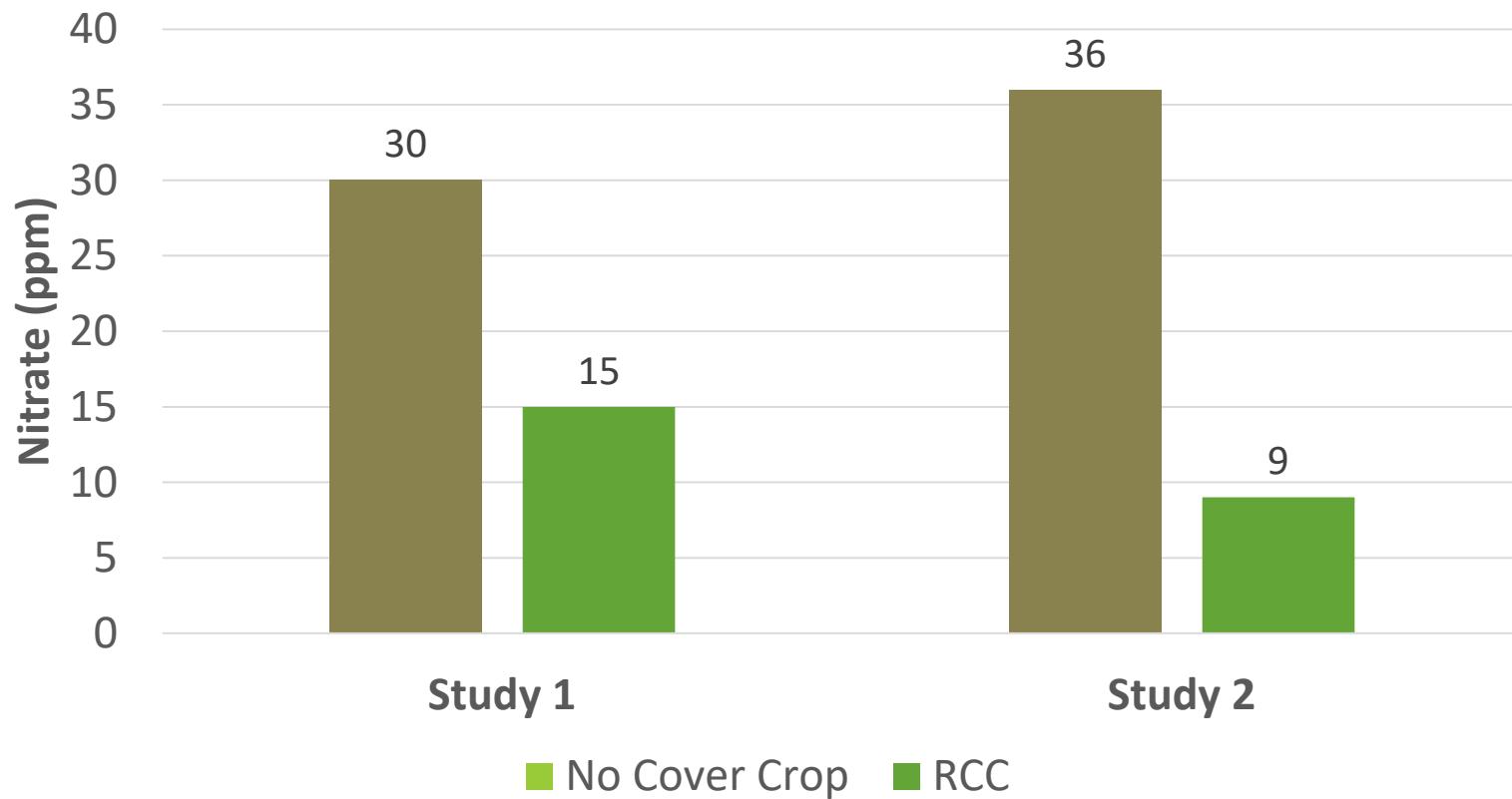
## Planter Set Up

- No-till planter equipped with residue movers
- Hydraulic downforce pressure recommended
- Starter fertilizer is desirable but not necessary



Nitrogen Form and Placement Must be Different when Following Cover Crops

# Soil Nitrate at Time of Termination



Sources: Soil Sci Society Jrn 79:1482-1495, 2015; Agronomy J 111:1-11, 2019

# Need to Overcome Early Immobilization to Optimize Yield

---

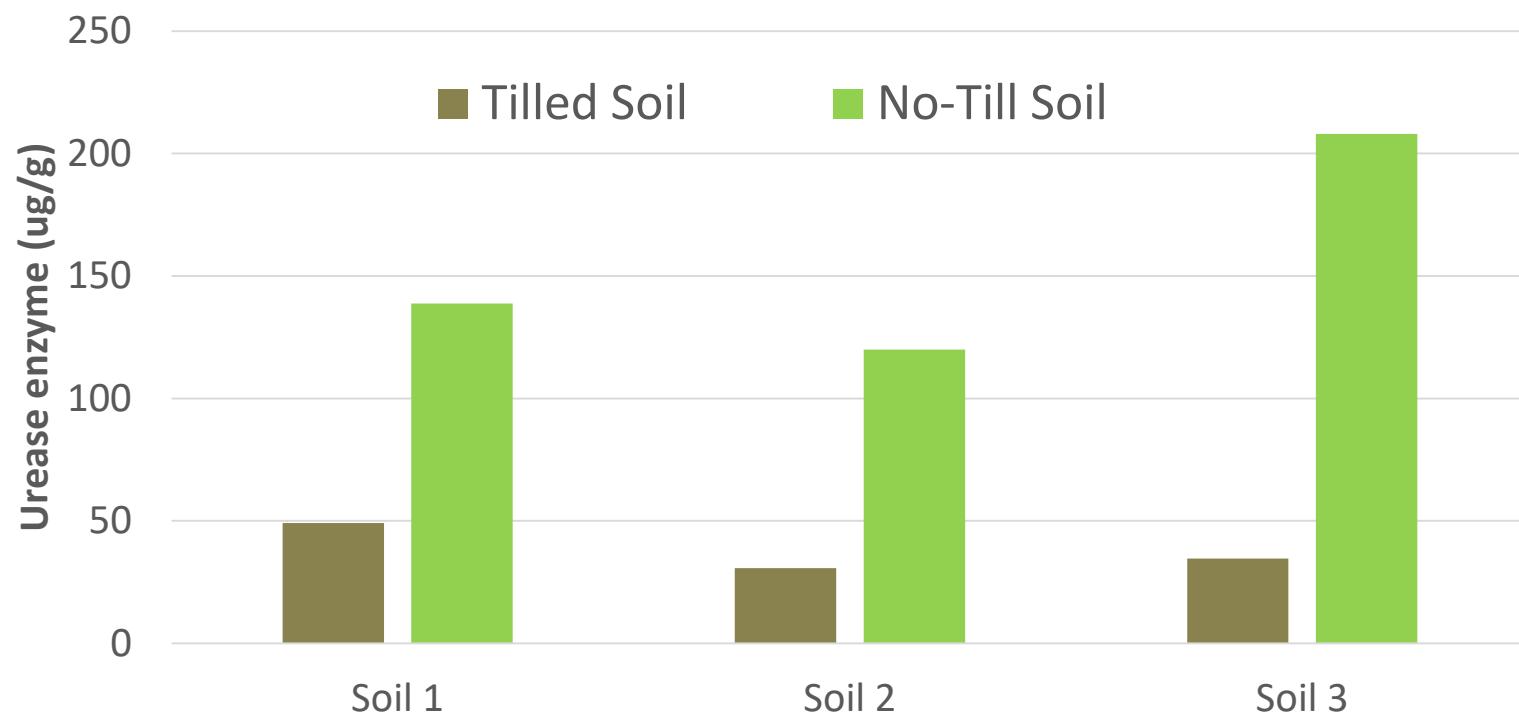
50% of total nitrogen as nitrate form at  
or soon after planting

- Coulter inject UAN preplant or early sidedress
- Ammonia fb Starter UAN
- Ammonia Nitrate Sulfate or AMS

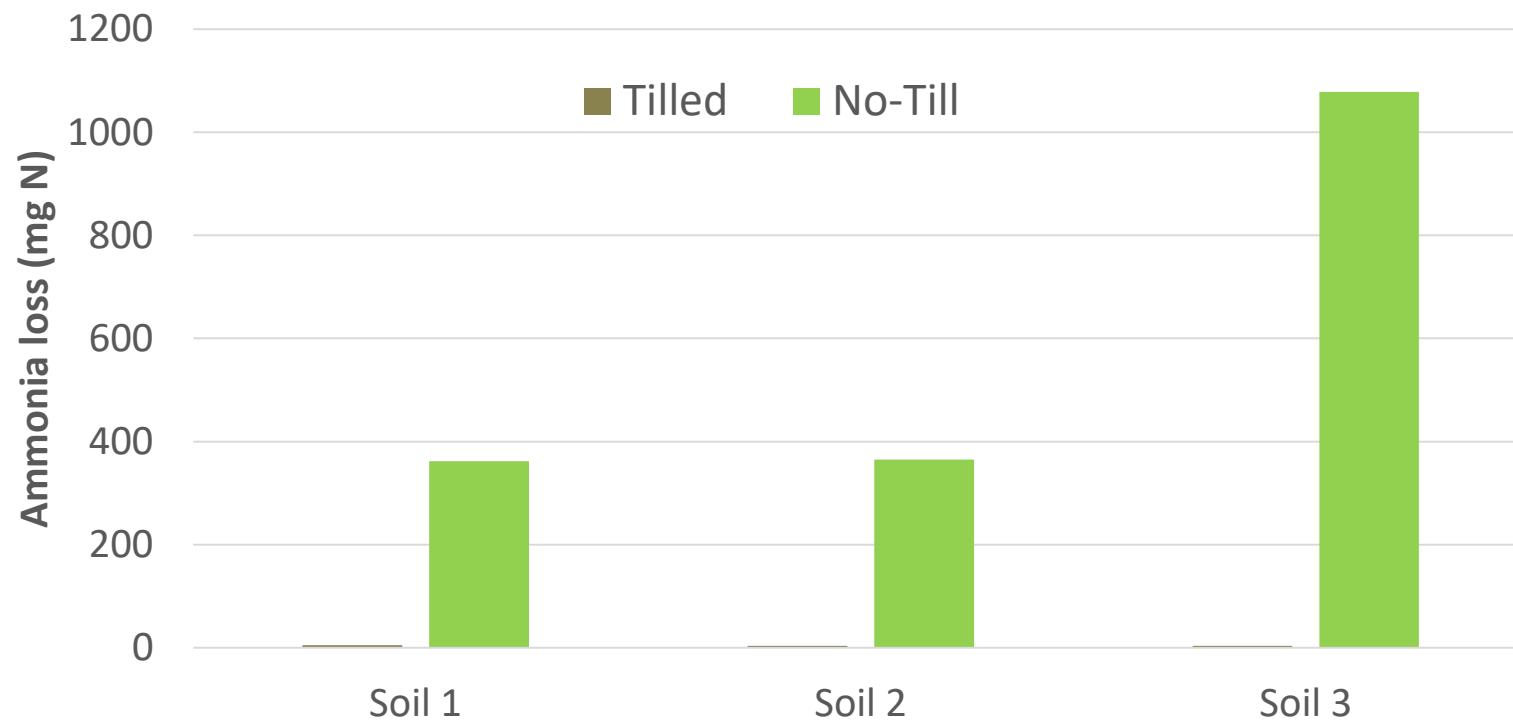


Fertilizer Form Matters in No-Till and Cover Crops

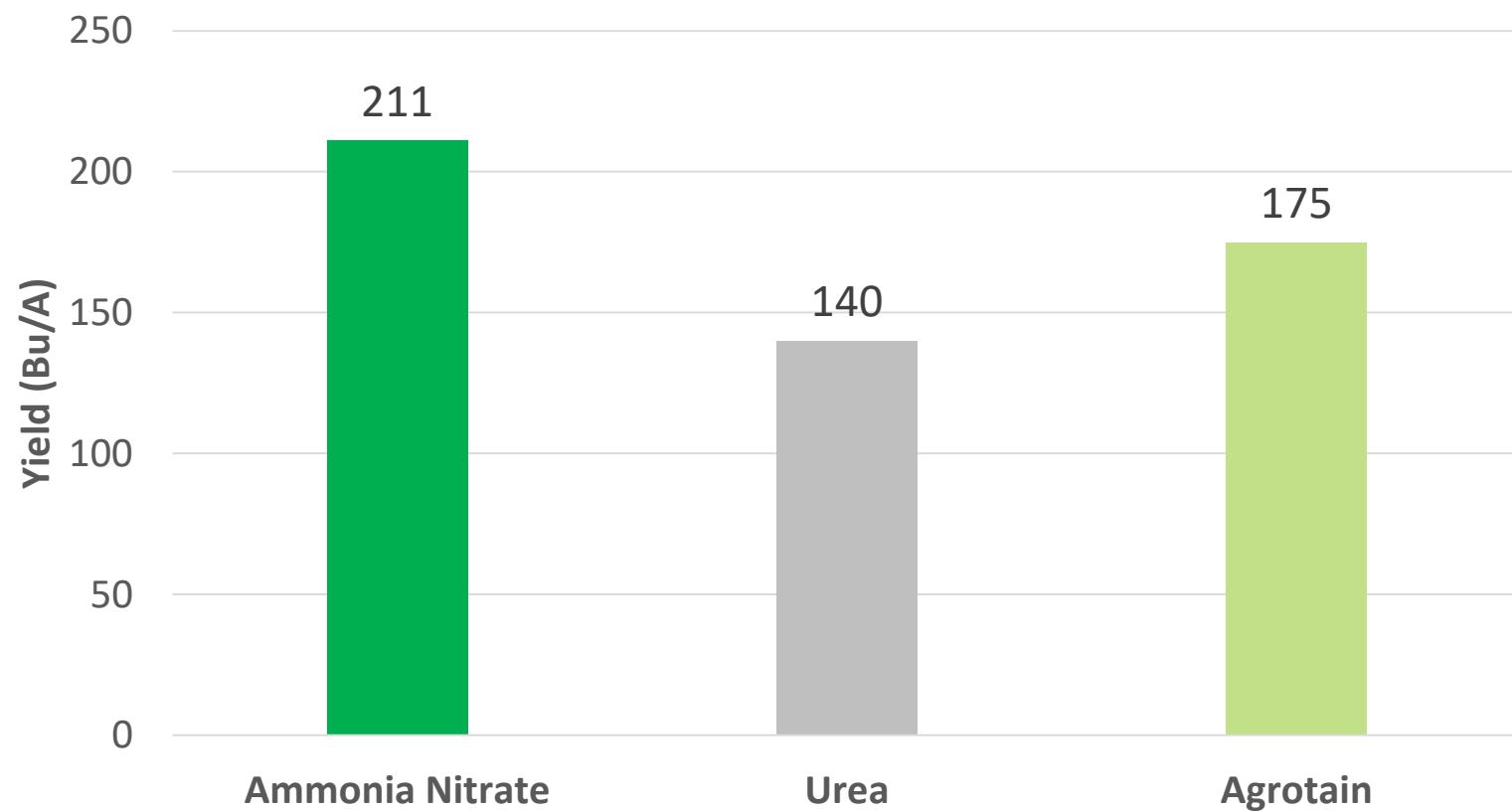
# Amount of Urease Enzyme in Tilled and No-Till Field



# Nitrogen lost to volatility

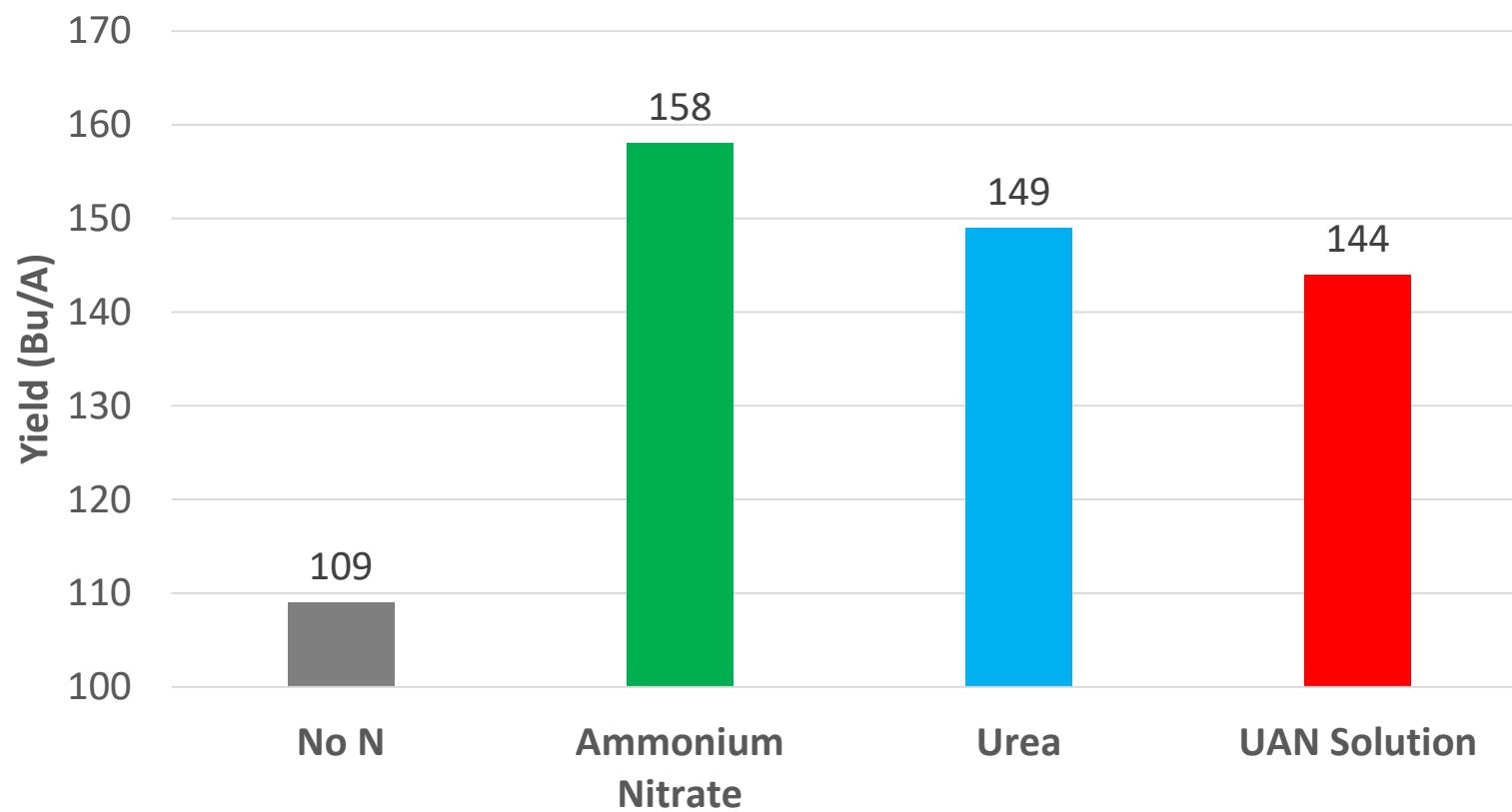


# No-Till Corn Study



Averages across 6 locations and two years. Agron J. 110:1439-1446, 2018

# N Form in No-till Corn



Agron. J. 85:893-897

For poorly drained soils, consider  
Strip Till with Cover Crops

---





- There remains many agronomic challenges to cover crops.
- Farmers and Society are looking to us to fix these challenges.



# Using Fluid Fertilizers to Close the Yield Gap in Corn Following Cereal Rye.

---

- Cover Crop vs No Cover Crop
- Dual placement vs Single Starter Placement
- Starter plus Sulfur
- Nitrogen Form, Placement, Timing



**Fluid Fertilizer  
Foundation Sponsored  
Research**

Treatment Number	Treatment
1	Fall applied Anhydrous Ammonia at 150 lbs N/A- no cover crop
2	Fall applied Anhydrous Ammonia at 150 lbs N/A- with cover crop
3	Spring applied Anhydrous Ammonia at 150 lbs N/A- with cover crop
4	Spring apply 32% at 34 gal/A (100 lbs N) applied as coulter preplant+ Planter applied starter in a band as 32% UAN at 17 gal/A (50 lbs N/A) using 2X2 placement
5	Spring apply 32% at 34 gal/A (100 lbs) applied as coulter preplant+ Planter applied starter in a band as 32% UAN at 17 gal/A (50 lbs N/A) using Conceal System
6	Spring apply 32% at 34 gal/A (100 lbs N) applied as coulter preplant+ Planter applied starter in a band as 15-6-3-2.40s Blend at 32.3 gal/A (50 lbs N/A, 20 lbs P/A, 10 lbs K/A, 8 lbs S/A) using Conceal (Precision Planting) attachment.
7	Spring apply 32% at 34 gal/A (100 lbs N) as coulter preplant fb 25.5 gal/A (75 lbs) 32% UAN at V4 to V6 applied with coulter
8	Spring apply 32% at 34 gal/A (100 lbs N) as coulter preplant. Broadcast after planting SuperU at 110 lbs/A (50 lbs N).



---

Scott Nelson

[snelson@iasoybeans.com](mailto:snelson@iasoybeans.com)

515-334-1055